



WELCOME TO CAMP TAMARACK SPRING OUTDOOR SCHOOL!

Before Reading This Packet:

- Please read through both packets you were automatically sent via email after you applied online, the Welcome Packet and the Blank Forms packet.
- **THIS IS NEW:** All forms must be read thoroughly and filled out entirely and submitted virtually via text or email by the **Monday before your selected session (One week before)**. Text forms to (541) 390-4182 or email forms to dice@camptamarack.com
- School teachers and admin, the participating volunteer, and their caregiver are all required to fill out different parts of the Blank Forms packet.

Dear Caregivers,

Camp Tamarack's model incorporates trained high school student leaders as mentors and counselors for Outdoor School. All high school student leaders apply to participate in this experience and are chosen because they have shown responsibility, leadership abilities, and motivation to be role models for younger students. High School students serve in a number of roles during their time at Camp Tamarack including supervising cabin groups, staying overnight in cabins, and assisting Camp Tamarack staff in teaching science and community-building activities to local 5th and 6th grade students.

All high school students participating in this experience will work with a Camp Tamarack staff mentor who will provide a written evaluation at the end of the session to verify either volunteer hours of community service or school credit depending upon the school of attendance. **Each person must obtain permission to miss school, with permission to make up the work from teachers, school counselors, and caregivers.**

Being a high school volunteer at Camp Tamarack is a unique opportunity that comes with no monetary reward. Many people have found that the rewards they do receive are more important than money. The leadership, public speaking, and teaching skills the high school volunteer will gain while at Outdoor School is greater than can be given by anyone. These things together make a session at Camp Tamarack a very meaningful and memorable experience.

Sincerely,

Charlie "Peanut" Anderson,

Executive Director – Camp Tamarack

charlie@camptamarack.com

541-633-9847

ROLES & RESPONSIBILITIES AS A COUNSELOR

The Outdoor School Counselor's Mission: Provide students with a safe and encouraging environment to learn by enforcing rules, encouraging supportive behavior, community building, inclusion, and friendly behavior.

- Arrive at the pick-up spot or at Camp Tamarack on time and ready to volunteer!
- Supervise and sleep in a cabin of students (ages 10-11, 3-6 students)
- Be a positive role model on and off the clock
- Discourage gossip, bullying, or isolating behaviors with students and counselors
- When you see a problem or see someone who needs additional support, help them or bring this to the attention of a staff member.
- Use creativity to create new ways to teach, instruct, or manage children
- Be flexible and willing to help wherever and whenever needed
- Manage your cabin: organize cabin cleaning, help with camp-wide clean-up, create a skit and cabin call for campfire, play games, and connect with your kids during cabin time, wake up & go to bed at proper times, and always ask for help from staff when you are struggling
- Participate in Exploration and lead parts of the lesson with support from your Staff Mentor
- Play, have fun, and enforce positivity during campfire!
- Manage meal tables and facilitate proper mealtime manners

PROGRAM INFORMATION

- **Health history form:** We require a **completed** Health History Form for each student. On the Health History form it is especially important to note any emotional or physical conditions that might require special planning by the Staff to ensure your child's success while at Outdoor School. Please sign the Health History form where indicated to grant permission for a physician to treat your child in case of a medical emergency. Any other restrictions should be similarly noted.
- **Medications:** Any prescribed medications being taken by the child must be supplied from home for the entire stay, and must be in an **original prescription bottle**, labeled with the student's name, doctor's name, medication, prescribed dosage, and the condition for which the drug is given. **These medications will be collected and administered by our Medical Director accordingly.**
- **Conduct:** Just as at their home school, students at Outdoor School will be provided a learning climate supported by positive behavior expectations and, when necessary, disciplinary guidelines for inappropriate or unacceptable conduct. We are a school zone. Any misconduct at camp will be reported to caregivers and school administrators.
- **Camp Name:** At camp we have the fun opportunity to use alternate names (ex. BOBCAT). Names must be appropriate and not already in use by another high school student or staff member. Try to come prepared with a camp name you would like to go by and a few extra names in case the one you want is already in use.
- **Beads:** Used as a child management tool and for fun, beads are a special reward you can give to program participants, as well as Staff and fellow Counselors! We have beads on-site that you can give to campers, or you can buy your own and bring them to camp. Anticipate passing out about 100 beads per week!
- **On-Site Communication:** If a high school student needs to be contacted or needs to contact someone, we have an office phone they can use (541) 595-1006. We do not allow personal cell phone use while working with campers.

TRAINING WORKSHOP: APRIL 13th & MAY 4th!

On **April 13th** and **May 4th**, from **10AM-4PM**, we are having two required Training Workshops! You only need to attend **one** of the training Workshops. **This will be onsite at Camp Tamarack**, and transportation can be provided from Bend and Redmond! During this workshop, you will learn a bit about Camp's history, your role and responsibility as a counselor in depth, how to create connections and resolve conflicts, and so much more! You will even get to meet some of the other counselors coming out your same week! Have questions about the Workshop?

Feel free to text (541) 390-4182 or email dice@camptamarack.com!

TRANSPORTATION

Bus transportation is provided to and from site by passenger carrier vans.

Pick-up: Monday

BEND	REDMOND
7:30 am	7:30 am
NEW LOCATION: The parking lot of the Tumalo Creek River Tube Rentals at 1000 SE Bradbury Way	Redmond Proficiency Academy High School 657 SW Glacier Ave, Redmond, OR 97756 (meet at entrance near parking lot)

Drop-off: Friday

BEND	REDMOND
1:30 pm (estimated)	1:30 pm (estimated)
NEW LOCATION: The parking lot of the Tumalo Creek River Tube Rentals at 1000 SE Bradbury Way	Redmond Proficiency Academy High School 657 SW Glacier Ave, Redmond, OR 97756

Driving Yourself?

Make sure you arrive at Camp Tamarack at 8:30am on Monday.

It takes about an hour to get to Camp Tamarack from Bend and Redmond.

Bend Pick up Location Map

Below is the map to the NEW Bend location where we pick and drop off high school volunteers. The new location is marked with the red marker. Please note the map shows the previous location for reference as well.



For attending a session of Outdoor School, you are eligible to apply to receive high school credit to compensate you for your hard work and time! **To receive high school credit, you must first meet with your Future/Career Center/ School Admin to coordinator to enroll in the program BEFORE attending your assigned week.**

High School Credit Program Requirements*

Full Week Participants: 0.5 elective credit

1. Meet with your Future/Career Center coordinator to enroll in the credit program prior to attending your session at Camp Tamarack.
2. Complete a week of Outdoor School, Monday- Friday at Camp Tamarack
3. Provide Camp Tamarack evaluation by Instructor. Must average a “passing score.”
4. Establish and complete Learning Goals.
5. Complete and present Choice Project – current event or issue in the area of teaching related to subjects taught while at Camp Tamarack.
6. Complete a Reflection Paper.

1/2 Week Participants: 0.25 elective credit

1. Meet with your Future/Career Center coordinator to enroll in the credit program.
2. Complete a half week at Outdoor School, Monday- Wednesday or Wednesday- Friday.
3. Provide Camp Tamarack evaluation by Instructor. Must average a “passing score.”
4. Establish and complete Learning Goals.
5. Complete a Reflection Paper.

* Each school has individual requirements. This list is a generalization and you must meet with your Future/ Career Center **PRIOR** to your volunteer session to receive credit for the program.

EARN 144 VOLUNTEER HOURS FOR 1 FULL WEEK!

For volunteering for one week of Outdoor School, you are eligible to claim 144 volunteer hours! If you need hours signed off on, please bring the appropriate paperwork to your assigned week or reach out to Morgo “Dice” Yon at dice@camptamarack.com after you have volunteered and he will sign off on the hours.

PACKING LIST

When packing for your session at Outdoor School, keep in mind it can get pretty chilly in the mornings and evenings! It's important that you not misplace clothing or other possessions while at Outdoor School.

Camp Tamarack cannot be responsible for lost or stolen belongings.

Please label all personal items with your name.

Gear:

- Watch** (you cannot use your cell phone)
- Backpack (Large enough to hold a water bottle, paper, etc.)
- Water Bottle (available to borrow)
- T-shirts
- Sleeping Bag (sleeping bags available to borrow if needed)
- Several pairs of pants
- Two heavy cotton, flannel, or wool long-sleeve shirts
- At least one heavy jacket or coat! (available to borrow)
- Beads for the kids (To pass out, or for campers to earn. You do not need to buy beads, we have plenty at camp! If you would like, we encourage you to find some that are special to you before coming to camp! Anticipate giving out about 100.)
- Sturdy, waterproof boots
- Pajamas
- Flashlight/headlamp and batteries
- Multiple changes of socks and underwear
- Warm hat and gloves (available to borrow)
- Pillow (available to borrow)
- Toiletries (toothbrush, toothpaste, deodorant, towel, sunscreen, soap, shampoo, and conditioner)

Optional Items:

- Musical instrument
- Costumes
- Personal food (**Label w/name**. Food is stored in the kitchen)
- Shower shoes
- Disposable or inexpensive camera (you cannot use your cell phone)

Prohibited Items:

- NO** valuables, money, or jewelry
- NO** laptops or iPads (unless needed for classwork)
- NO** knives or weapons
- NO** drugs or alcohol
- NO** flip flops!!!
- NO** food or candy in the cabins

We are excited to work with you this Spring! If you have any questions please do not hesitate to **text** or **call** our **Volunteer Hotline at (541) 390-4182**