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# WELCOME TO CAMP TAMARACK SPRING OUTDOOR SCHOOL!

## Before Reading This Packet:

- Please read through both packets you were automatically sent via email after you applied online, the Welcome Packet and the Blank Forms packet.
- **THIS IS NEW FOR SPRING 2023:** All forms must be read thoroughly and filled out entirely and submitted virtually via text or email by the **Wednesday before your selected session. Text forms to (541) 390-4182 or email forms to [dice@camptamarack.com](mailto:dice@camptamarack.com)**
- School teachers and admin, the participating volunteer, and their caregiver are all required to fill out different parts of the Blank Forms packet.

Dear Caregivers,

Camp Tamarack's model incorporates trained high school student leaders as mentors and counselors for Outdoor School. All high school student leaders apply to participate in this experience and are chosen because they have shown responsibility, leadership abilities, and motivation to be role models for younger students. High School students serve in a number of roles during their time at Camp Tamarack including supervising cabin groups, staying overnight, and assisting Camp Tamarack staff in teaching science and community building activities to local 5th and 6th grade students.

All high school students participating in this experience will work with a Camp Tamarack staff mentor who will provide a written evaluation at the end of the session to verify either volunteer hours of community service or school credit depending upon school of attendance. **Each person must obtain permission to miss school, with permission to make up the work from teachers, school counselors and caregivers.**

Being a high school volunteer at Camp Tamarack is a unique opportunity that comes with no monetary reward. Many people have found that the rewards they do receive are more important than money. The leadership, public speaking, and teaching skills the high school volunteer will gain while at Outdoor School is greater than can be given by anyone. These things together make a session at Camp Tamarack a very meaningful and memorable experience.

Sincerely,  
Charlie "Peanut" Anderson,  
Executive Director – Camp Tamarack  
[charlie@camptamarack.com](mailto:charlie@camptamarack.com)

541-633-9847

## PROGRAM INFORMATION

- **Health history form:** We require a **completed** Health History Form for each student. On the Health History form it is especially important to note any emotional or physical conditions that might require special planning by the Staff to ensure your child's success while at Outdoor School. Please sign the Health History form where indicated to grant permission for a physician to treat your child in case of a medical emergency. Any other restrictions should be similarly noted.
- **Medications:** Any prescribed medications being taken by the child must be supplied from home for the entire stay, and must be in an **original prescription bottle**, labeled with the student's name, doctor's name, medication, prescribed dosage, and the condition for which the drug is given. **These medications will be collected and administered by our Medical Director accordingly.**
- **Conduct:** Just as at their home school, students at Outdoor School will be provided a learning climate supported by positive behavior expectations and, when necessary, disciplinary guidelines for inappropriate or unacceptable conduct. We are a school zone. Any misconduct at camp will be reported to caregivers and school administrators.
- **Camp Name:** At camp we have the fun opportunity to use alternate names (ex. BOBCAT). Names must be appropriate and not already in use by another high school student or staff member. Try to come prepared with a camp name you would like to go by and a few extra names in case the one you want is already in use.
- **On-Site Communication:** If a high school student needs to be contacted or needs to contact someone, we have an office phone they can use (541) 595-1006. We do not allow personal cell phone use while working with campers.

## TRANSPORTATION

*Bus transportation is provided to and from site by passenger carrier vans.*

### Pick- up: Monday

BEND	REDMOND
7:30 am	7:30 am
<b>NEW LOCATION:</b> The parking lot across from The Pavilion on the corner of Columbia and Simpson Ave. *Please refer to the map at the end of this packet for the location of the Mt. Bachelor Park and Ride!	<b>Redmond Proficiency Academy High School</b> 657 SW Glacier Ave, Redmond, OR 97756 (meet at entrance near parking lot)

### Drop-off: Friday

BEND	REDMOND
1:30 pm (estimated)	1:30 pm (estimated)
<b>NEW LOCATION:</b> The parking lot across from The Pavilion on the corner of Columbia and Simpson Ave. *Please refer to the map at the end of this packet for the location of the Mt. Bachelor Park and Ride!	<b>Redmond Proficiency Academy High School</b> 657 SW Glacier Ave, Redmond, OR 97756

### Driving Yourself?

Make sure you arrive at Camp Tamarack at 8:30am on Monday.

It takes about an hour to get to Camp Tamarack from Bend and Redmond.

## EARN HIGH SCHOOL CREDIT!

For attending a session of Outdoor School, you are eligible to apply to receive high school credit to compensate you for your hard work and time! **To receive high school credit, you must first meet with your Future/Career Center/ School Admin to coordinator to enroll in the program BEFORE attending your assigned week.**

### High School Credit Program Requirements\*

#### Full Week Participants: 0.5 elective credit

1. Meet with your Future/Career Center coordinator to enroll in the credit program prior to attending your session at Camp Tamarack.
2. Complete a week of Outdoor School, Monday- Friday at Camp Tamarack
3. Provide Camp Tamarack evaluation by Instructor. Must average a “passing score.”
4. Establish and complete Learning Goals.
5. Complete and present Choice Project – current event or issue in the area of teaching related to subjects taught while at Camp Tamarack.
6. Complete a Reflection Paper.

#### 1/2 Week Participants: 0.25 elective credit

1. Meet with your Future/Career Center coordinator to enroll in the credit program.
2. Complete a half week at Outdoor School, Monday- Wednesday or Wednesday- Friday.
3. Provide Camp Tamarack evaluation by Instructor. Must average a “passing score.”
4. Establish and complete Learning Goals.
5. Complete a Reflection Paper.

\* Each school has individual requirements. This list is a generalization and you must meet with your Future/ Career Center **PRIOR** to your volunteer session to receive credit for the program.

## EARN COLLEGE CREDIT FOR FREE!

- If high school students are interested in earning college credit for HD103 (CRN 25178, 1-credit), they should contact the Instructor, Angie Cole: [acole@cocc.edu](mailto:acole@cocc.edu)
- Once they have contacted Angie Cole, they will be emailed instructions on how to register for the class to earn credit as well as course requirements (Students need Instructor approval to register).
- High school students should contact their high school counselor or Career Center to find out if their school will utilize Expanded Options to **cover the entire cost for this course!** You must ask your school about funding options for this credit **prior to coming to camp.**
  - If their school does not approve tuition payment for this class, they will need to self-pay: COCC admissions fee (\$25, if new COCC student) plus course tuition & fees (about \$130).
- Course Requirements:
  - Complete a five-day session of Outdoor School.
  - Provide Camp Tamarack evaluation by Instructor. Must average a “passing score.”
  - Write the 300 – 500 word reflective essay.

## EARN 144 VOLUNTEER HOURS FOR 1 FULL WEEK!

For volunteering for one week of Outdoor School, we are eligible to claim 144 volunteer hours! If you need hours signed off on, please bring the appropriate paperwork to your assigned week or reach out to Lauren “Otter” Rodgers at [lauren@camptamarack.com](mailto:lauren@camptamarack.com) after you have volunteered and she will sign off on the hours.

# PACKING LIST

When packing for your session at Outdoor School, keep in mind it can get pretty chilly even though it's Spring! It's important that you not misplace clothing or other possessions while at Outdoor School. Camp Tamarack cannot be responsible for lost or stolen belongings. Please label all personal items with your name.

## Gear:

- Watch** (you cannot use your cell phone)
- Day Pack
- Water Bottle (water bottles available to borrow if needed)
- T-shirts
- Sleeping Bag (sleeping bags available to borrow if needed)
- Several pairs of pants
- Two heavy cotton, flannel, or wool long sleeve shirts
- Sturdy waterproof boots
- Warm Pajamas
- Flashlight/head lamp and batteries
- Multiple changes of socks and underwear
- Warm hat and gloves
- Pillow (pillows available to borrow if needed)
- Toiletries (toothbrush, toothpaste, deodorant, towel, sunscreen, soap, shampoo, deodorant, and conditioner)
- At least one heavy jacket or coat! (coats available to borrow if needed)

## Optional Items:

- Musical instrument
- Costumes
- Personal food (**Label w/name**. Food is stored in the kitchen)
- Shower shoes
- Beads for the kids in your group (~20)
- Disposable or inexpensive camera (you cannot use your cell phone)

## Prohibited Items:

**NO** valuables, money, or jewelry

**NO** laptops (unless needed for class work)

**NO** knives or weapons

**NO** drugs or alcohol

**NO** flip flops!!!

**NO** food or candy in the cabins

# Bend Pick up Location Map

Below is the map to the NEW Bend location where we pick and drop off high school volunteers. The new location is marked with the red marker. Please note the map shows the previous location for reference as well.



We are excited to work with you this Spring! If you have any questions please do not hesitate to **text or call** our **Volunteer Hotline** at **(541) 390-4182**